

# GET GENDER EQUITY TRAINING

## WORKSHOP TOPICS

1. MEDIA & RIGID GENDER NORMS
2. HEALTHY MASCULINITIES
3. HEALTHY BODY IMAGE
4. HEALTHY DATING RELATIONSHIPS
5. IMPLICIT GENDER BIAS
6. SEXUAL MISCONDUCT
7. SOCIAL MEDIA & MENTAL HEALTH
8. GENDER JUSTICE ACTIVISM

## CURRICULUM OVERVIEW

The Gender Equality Training Program (GET) is a bold, new eight-module curriculum for high school and college students. GET encourages students to have unflinching conversations about the most pressing problems they face today. The curriculum is **free** and available to students, educators, and parents. Each module takes about one hour to facilitate, and students will receive a Certification of GET Program Completion when they complete all modules.

The GET curriculum addresses media literacy, harmful gender norms, healthy masculinity, healthy body image, combating implicit bias, enthusiastic consent, survivor support, digital well-being, self-care, and activism. It reflects the needs of Generation Z, weaving together leadership development, mental health interventions, media literacy, social-emotional learning, and gender-based violence prevention. The Representation Project is moving the needle toward building a culture of respect and equity through this innovative new program.



## ABOUT THE REPRESENTATION PROJECT

The Representation Project, founded by Jennifer Siebel Newsom, is a leading intersectional gender justice organization. We aim to build a more equitable future by fighting sexism and harmful stereotypes through films, education, research, and social activism.

For more information about the GET program, contact Ariella Neckritz at [ariella@therepproject.org](mailto:ariella@therepproject.org).

After completing the GET curriculum, students reported:

25.8%

increase in knowledge about

HEALTHY MASCULINITIES

24.4%

increase in knowledge about

THE HISTORY OF GENDER JUSTICE ACTIVISM

14.3%

increase in knowledge about

GENDER JUSTICE ISSUES

9.9%

increase in knowledge about

HEALTHY SOCIAL MEDIA USE

7.3%

increase in knowledge about

HOW TO EFFECTIVELY ADVOCATE FOR YOURSELF

A SIGNIFICANT DROP IN OVERALL THEIR SEXISM SCORE

from 52.5 (out of 60) to 38.5

